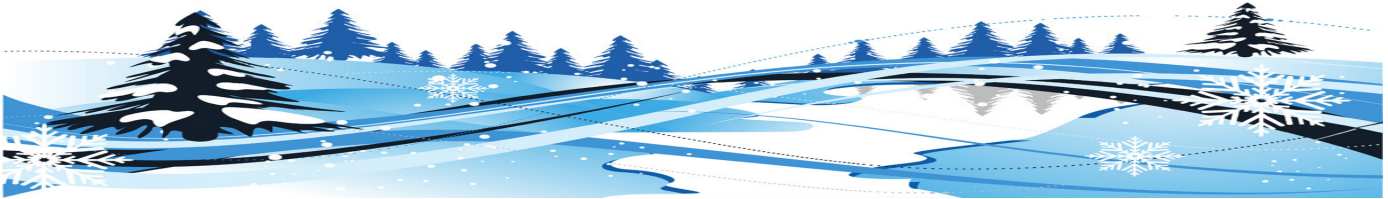




# Boulder Hot Springs

**DECEMBER 2013**



Greetings Everyone,

We hope that each of you has enjoyed the fantastic, long summer and gorgeous fall and Indian Summer that we Montanans were gifted with this year.

As many of you know, we have been busy restoring the old hotel, making it a safer, more beautiful, and more welcoming and healing place for us all. This has been a very busy year here at BHS and we would like to share some of the changes that have and are taking place.

One of the areas of focus this year has been the grounds and making them more attractive and useful. We have increased our garden and have been planting more edible foods and fruit trees around the building and increasing the capacity of our greenhouse so that we can serve more of our homegrown fruits and vegetables using our own herbs. Along with this, our chickens are now producing eggs for our Bed and Breakfasts. Everything that we produce is organic, of course, and we hope to increase our production for our guests in the future.

Also, we have moved the clothesline to make the area around the pool more enjoyable. This is just the first step in our plans to make the pool area more beautiful and useful and we are even exploring the possibility of dotting the hillside with private pools and cabins for summer use.

In order to provide a safer and easier walk to the outdoor pool from the bath house, the brick sidewalk has been completely re-done by our Australian volunteer, Doug Scott, who took this project on. We wanted to keep the ambiance of the old bricks from BHS and improve the walkway. All bricks were removed, cleaned, and repaired, the ground leveled, new fittings for the underpath heat pipes repaired and/or replaced as needed and then the bricks were replaced in a creative design. The beauty, safety and functionality of the sidewalk is a joy for us all.

We want to thank Doug for his work, and you, our public for your patience during this project.

Another area of focus this year has been continued work on the west wing. In the old bar and dance area, we have done the needed repairs on the foundation, completed most of the plumbing/heating and electricity and installed the original in-wall sliding doors between these rooms and the lobby. Sooo, we will be completing the in-floor heating and replacing the original maple wood floor with help from some recycled wood to restore the areas that need to be replaced. We are hoping that these areas, including the gold-leafed card room will be ready for use in the spring.

In October, we completed a major project. The west wing is the last area of BHS to get new windows. These are excellent windows, triple-pane, sound-proof – made with non conducting materials which, we hope, will not only seal

the building, and be beautiful, but they will last at least another 150 years. This is the first time that the old girl will be completely sealed properly since we bought her in 1989.

We may work at a snail's pace and we are always working to improve this place we love so much and feel honored to be able to care for. The old building actually seems to be smiling with her new windows.

Renovation is continuing in the west wing.

You, our public, have been an important part of making all this possible. We do know that many of you, groups and individuals, do call BHS "home" and this is what we want. Many individuals, couples, families and groups are returning again and again to this place which provides retreat, quiet, reflection, growth and healing. This is why we are here.

Now, to report a miracle – the whole process of the place is a miracle to us and this one indeed qualifies.

As many of you know, some time ago several of our very valuable light fixtures were stolen from the lobby and the meeting room. We were shocked and heartbroken. People all over the state were outraged. This prompted us to install a security system (how sad to have to do this!).

Well, just recently a lot of what they stole was anonymously and mysteriously returned. Some of the globes were missing or broken and some of the pieces were missing and we can work with what we have to restore the lobby and part of the old dining/meeting room. They were just left outside the residents' entry. Whoever you are – thank you.

What a lovely miracle for this time of year. Thanksgiving has, indeed, taken on a new meaning.

So, as we come to the end of another year, all of us at Boulder Hot Springs wish to thank you for the support you have given us during 2013. Your coming to use the geothermal water, renting rooms, bringing groups and gifting family and friends with gift certificates has helped us to continue to make needed improvements to this historic building and keep this place open to serve the public. So please keep coming and join us for some of our upcoming events in 2014.

Wishing all of you great holidays with family and friends and a peace filled 2014. It's a long newsletter and, we had much to share with you, our extended BHS family.

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***Yoga Retreat Weekend At***

***Boulder Hot Springs***

**Led by Judy Landecker of**

**Northern Light Yoga**

***April 4 - 6, 2014***

***\$302 Single Occupancy \*\* \$270 Double Occupancy***

***Price includes:***

***Overnight stay (Fri & Sat Nights)***

***Six (6) Meals***

***Four Yoga Sessions***

***Pool Use***

***PLEASE CALL @ 406-225-4339 to register and more information***

# THE ARTS AT BOULDER HOT SPRINGS

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## *Barbara Rushmore - Nov 24 thru January Artist Reception - Jan 5 (noon to 2 pm)*

I am primarily a *plein air* artist, painting landscapes outside. I bring my easel and canvas to a place in nature that speaks to me. The painting arises from focused observation, immersed in the spirit of the day and place along with bugs, blazing sun, wind, rain and snow. I often finish a work in one session, racing to completion as light fades and fingers freeze. Sometimes I complete a work in the studio, or create a painting from memory, sketches and photos.

The act of painting engages me with the amazing unpredictable beauty of the natural world. Grounded in this one spot, I see, feel and, with the action of painting, translate the spirit of that place in colors, forms and design. I want my paintings to carry my sense of connection, wonder and immediacy to the viewer. In my work I explore the dramatic, subtle and changing land and light and its deep peacefulness.

I moved to Helena in 1975, and have lived in Bozeman since 1999 with my partner, Mike Clark and our dog Sophie. I am also a management consultant to nonprofit groups in organizational development and leadership.

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## *CAROL CHRISTENSEN*

*February thru March 2013*

*Carol has had a longstanding fascination with art in some form, but Oil Painting is the medium of choice. She paints landscapes, portrait, wild life and equestrian. The purpose of her work is to evoke strong emotions in the viewer and something that they cherish for many years to come. Her philosophy is that hard work combined with emotion about the subject matter and good art mechanics produce good pieces of art.*

*Carol resides and has an art studio in Boulder.*

## UPCOMING GROUPS & EVENTS

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Dec 1 - 14: Closed for Repairs

Dec 28 - Jan 10: LIP Training:

Jan 18 - 19: Northern Lights Yoga

Contact Judy Landecker @ 406-449-2205.

Jan 23 - 25: Vineyard Church Group

Jan 31 - Feb 2: Body First Workshop -

Contact Jody Mosher @ 406-529-5849

Feb 15 - 16: Steam N Stomp International Folk Dance Group - Contact Bill Bucher @ 406-442-7591 for more information.

Feb 22 - 23: NA Winter Chill

March 20 - 23: Incredible Lightness of Being Women's Retreat sponsored by Yogamotion. See

[www.yogamotion.com](http://www.yogamotion.com) for more information or call 406-581-5041

April 4 - 6: Boulder Hot Springs Yoga Retreat. Call 406-225-4339 for more information.

April 12 - 13: Montana Association of Naturopathic Physicians

April 18 - 21: Transcendental Meditation Retreat. Contact Philip Land @ 208-582-3927

April 25 - 17: Back to Bliss Yoga. Contact Jennifer Brooke @ 406-721-3905 or Harriet Alterowitz. @ 406-370-6464

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**\*\*\*\*Special Events at Boulder Hot Springs\*\*\*\***

Artist display with Barbara Rushmore - see page 3

Artist display with Carol Christensen - see page 3

New Years Eve Dinner & Dance Event - please call for details

Yoga Retreat with Judy Landecker - see page 2

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**Special Occasion Buffets**

Valentines, Easter, Mother's Day,  
Father's Day

\*\*\*\*\*Reservations recommended\*\*\*\*\*

Adults - \$24 \*\* Seniors (60 & over) - \$20 \*\* Children (5-12) - \$12

Use of indoor and outdoor pools included

Call 406-225-4339 for reservations and information

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**OUR POOL AND PLUNGE HOURS**

Family Indoor Co-Ed soaking

4-8 PM Sunday/Wednesday (Nov - March)

Noon to 8 PM - Saturday (Nov - March)

Our winter pools hours from November 1 thru  
March 31 noon to 8pm daily

Our summer pool hours from April thru  
October from 10am to 9pm daily.

Pool Prices: \$7 Adults, \$5 Seniors over 60  
\$4 Children 3- 12



**Boulder Hot Springs Mission Statement**

*To be present here, to offer protection and healing to individuals, communities, these sacred waters, this land and this building for present and future generations and all our relations so that the possibility of healing, recovery, community and con-*