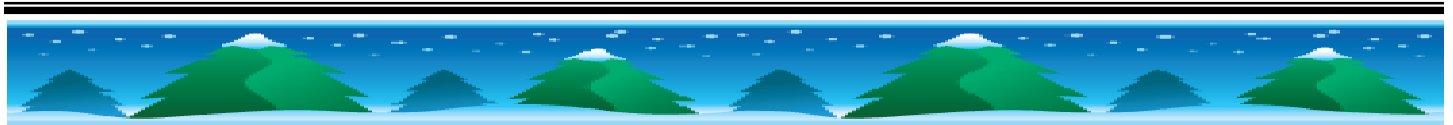




Boulder Hot Springs

FEBRUARY 2009

Volume 18, Number 10



Greetings from Boulder Hot Springs!

First I want to thank those of you who stopped by our booth at the Health and Wellness Fair (January 27) at the Civic Center in Helena. We had a drawing for a one night stay in a B&B room, and the winner was Lyle Eggum of Helena. Congratulations Lyle!

I also want to thank all of you who came to our Customer Appreciation Event. There was plenty of food, plenty of music, and plenty of good conversation. Thanks to the musicians: Lynn Price, Dusty Farnam, and Rick Wine, and to all who attended. We hope to do this again in the future, and we sure do appreciate all of you, our customers.

Currently, there are some exciting things happening at Boulder Hot Springs. We have a fun-filled weekend planned for February 13 -15 in celebration of Valentine's Day. Saturday night we have a salmon buffet dinner with live music from Anne Perkins and Jerry Keck of Helena, and on Sunday there will be a concert by Gabrielle Louise and David Ryman from Boulder, Colorado. The folk/americana duo are touring Montana and several other states. (Please see page two of our newsletter for more details about the concert).

Another exciting thing is that Anne Wilson Schaef, world-renown author and one of the primary owners of Boulder Hot Springs is writing a cookbook based on the meals we serve at BHS. The book is entitled, "Montana's New International Cuisine". Anne is consultant and advisor to our kitchen here, and she has vast experience in cooking, menu planning, and food consulting. In her cookbook she shares personal stories, as well as her and the Hot Springs' philosophies about cuisines, recipes, menus and ingredients. Plus, there are a lot of innovative and scrumptious recipes. We look forward to Anne's book coming out in print.

In addition, we continue our restoration of the West Wing of the building. The bathroom project on this side of the building is progressing, and we hope to have it done soon. The West Wing Lobby, Old Dining Room and veranda are great places to have parties for special occasions. Many people have celebrated their weddings, anniversaries and birthdays here and we hope to continue this tradition. If you are getting married this year, it's still not too late to have your wedding here. We have ideas for wedding planning and can help you with that process.

The last thing I want to share is that again this year, we have made a conscious decision not to raise our room and pool prices. With the economy being the way it is, we believe that now more than ever people need a place to relax and rejuvenate. Our goal has never been to make lots of money. More so, it has been to continue restoring this lovely old building and to provide a place for people to come and partake of the glorious healing waters of this valley (Peace Valley).

We hope you have a wonderful Spring! Take care and best wishes - Kerri , General Manager Page 1



Boulder Hot Springs:

Presents A Concert By Gabrielle Louise and David Rynhart

February 15, 2009 at 2 PM

A Denver based duo featuring original songs in the Americana/Folk/Roots .The multi-instrumentalists and songwriters toggle between genres and instruments to craft an eclectic show, rich with vocal harmonies, ranging from smoky jazz to old time folk. The storytellers perform their songs on two guitars, a mandolin, a traditional Irish flute, a peppy ukulele and one sultry piano.

\$8.00 Adults and \$4.00 children (5-12)

Tickets are available at the door.

Yoga Retreat Weekend At

Boulder Hot Springs

**Led by Judy Landecker Of
Nothern Lights Yoga**

****\$298 Single Occupancy**

****\$266 Double Occupancy**

Price Includes:

Overnight Stay (Fri & Sat Nights)

Six (6) Meals

Four (4) Yoga Sessions

Pool use

**PLEASE CALL: 406-225-4339 to
register and for more information**



REMINDER: Our winter hours from November 1st through March 31 are 12 noon to 8 PM daily. Our summer hours starting April 1st and running through October 31 are 10 AM to 9 PM daily.

THE ARTS AT BOULDER HOT SPRINGS

Art Display By Jefferson High School Art Students

Mid March Through April

Jefferson High School art students are looking forward to exhibiting again at Boulder Hot Springs from mid March to April 2009. Student artwork will be presented by 9 - 12th graders, beginning through advanced art students.

They will exhibit paintings using watercolor, oils, pastels, and tempera paint, linoleum prints, drawings using charcoal, pencil, ink, colored pencil and marker.

They hope you will enjoy viewing our artwork as as much as they enjoy exhibiting at Boulder Hot Springs.

Raecille Dawson, Art Director



Artistic Creations Exclusive Wood Carvings

By Steve McCann

May through June 2009

Artist Reception to be held May 3, 2009

at Boulder Hot Springs

Steve is an award winning wood carver whose carvings come from his many life experiences. Because of his Irish background, Celtic Carvings, which are hand carved from walnut, have a very special meaning to him.



UPCOMING

GROUPS & EVENTS

Feb 13 - 14: AERO Board Meeting

Feb 13 - 15: Valentine's Day Weekend Packages. Call 406-225-4339

Feb 15: Concert with Gabrielle Louise & David Rynhart. Call 406-225-4339.

Feb 21 - 22, 2009: Steam & Stomp International Folk Dance Event. For more info call Bill Bucher @406-442-7591

Feb 28: Narcotics Anonymous Event. Call Misty @ 406-461-9965 for more information

March 21 - 22: Park Ave Bakery Retreat.

March 26 - 28: Wilderness Watch

March 28 - 29: Naturopathic Physicians. Contact Gail Brockbank @ 406-442-4141

April 17 - 19: BHS Yoga Retreat (See page 2)

April 24 - 26: Back to Bliss Yoga Retreat. Contact Jennifer Brooke @ 406-721-3266.



******Special Events at Boulder Hot Springs******

Boulder Quilters - Dec 15 thru March 2009 **See page 3

Valentines Day Weekend Packages - Feb 13 - 15

Concert with Gabrielle Louise & David Rynhart - Feb 15 **Page 2

Yoga retreat with Judy Landecker - April 17 - 19 **See page 2

Relax, Revive and Rejuvenate in the geothermal waters of Peace Valley!

PO Box 930 ♦ Boulder MT 59632 ♦ (406) 225-4339



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OUR POOL AND PLUNGE HOURS

From Nov 1 thru March 31, 2009 we are on our winter pool hours from 12 Noon to 8 PM daily.

Starting April 1, we will be on our summer hours from 10 AM to 9 PM daily.

Family Indoor Co-Ed soaking

4 - 8 PM Sundays (Nov - March)

5 - 9 PM Sundays (April - Oct)

Pool Prices: \$7 Adults

\$5 Seniors (60 +)

\$4 Children 3- 12



Boulder Hot Springs Mission Statement

To be present here, to offer protection and healing to individuals, communities, these sacred waters, this land and this building for present and future generations and all our relations so that the possibility of healing, recovery, community and connection with the creator and all creation is here.