



Boulder Hot Springs

MARCH 2012



Greetings to each of you,

We would like to take this opportunity to share some information about our four legged pet friends here at Boulder Hot Springs. Some of you may have missed our grey and white cat Barney. We are sad to say that Barney died on December 23 as a result of a mass (tumor) which had wrapped around most of his organs. He was such a delightful presence here, loved people and was a great mouser. What a “love” he was and his physical presence is greatly missed. Barney is buried at one of his favorite hangouts where he could oversee activities around the pool and grounds. We’re sure his spirit is continuing with that important task. Barney chose to live here – he appeared one day in our barn about 10 years ago – thus his name. When he first arrived, a neighbor (7 miles down the road) was looking for a barn cat and so we agreed to take him to her ranch. The individual who dropped Barney off did not realize the need to confine him first and so when released he ran off. Seven days later Barney reappeared at our doorstep – rather thin - to announce that he was here to stay. Barney definitely chose us as his family. Thanks for all the ways many of you participated in Barney’s life as extended family.

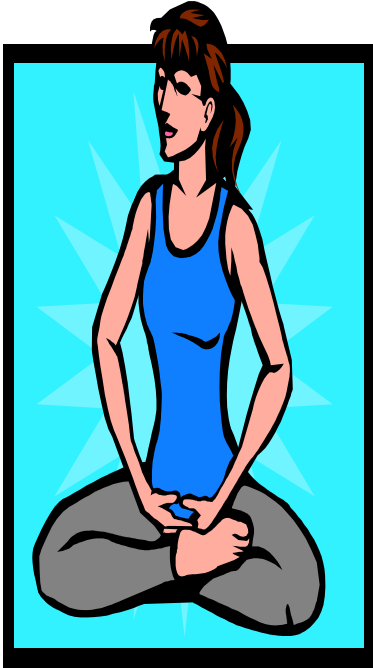
Our elder horse Leroy, the Buckskin in the front pasture, has been here since 1996 and is now 32 years old. He has gone through another winter with a few challenges and nothing serious. During his first 16 years, he was raised as a cow horse by Lloyd and June Richardson. Their grandchildren learned to ride on Leroy – what a gentle soul. Then he came to reside here at Boulder Hot Springs. Leroy has retired from his trail riding days and enjoys hanging out in the pasture with his companion Bitsey (Jim Franchi & Lori Norby’s mare).

Simon, our orange tabby kitty, has resided here since about 2007. He is much shyer than Barney was and yet loves to receive gentle petting. We hope you will have opportunities to get to know Simon. Please take note of our special for the months of March and April, upcoming buffets and Yoga retreat. We also appreciate any group retreats , meetings, weddings or family reunions which you could direct our way. We are dedicated to stay in business – for all of us. Once again thanks to all of you for your continued support of Boulder Hot Springs.

HAPPY SPRING!

Jan, Kerri and Barb (Management Team at BHS)





Yoga Retreat Weekend At Boulder Hot Springs

Led by Judy Landecker of

Northern Light Yoga

April 21 - 23, 2012

*\$302 Single Occupancy ** \$270 Double Occupancy*

Price includes:

Overnight stay (Fri & Sat Nights)

Six (6) Meals

Four Yoga Sessions

Pool Use

PLEASE CALL @ 406-225-4339 to register and more information

Back to Bliss Yoga Spring Women's Yoga Retreat "A Celebration of the Feminine!" May 4-6, 2012

Stress slips away and your true nature returns, bringing you
back to peace, back to balance, back to bliss.

Join Jen & Harriet for a weekend of self discovery & renewal! **Harriet Alterowitz and Jennifer Brooke** are both experienced and certified yoga teachers/therapists with Integrative Yoga Therapy and registered at the E-500 level with Yoga Alliance. They combine their strengths of precise alignment, creativity, and fluidity in this fun-filled workshop. Plan to deepen your practice and learn more about the philosophy of yoga in an experiential way.

For more information call:

Jennifer Brooke @ 406.721.3905 email: jbrookemt@aol.com

Harriet Alterowitz @ 406.370.6464 email: hattieyoga@gmail.com

REMINDER: Our summer pool hours starting April 1 through Oct 31 are 10 AM to 9 PM daily.

Our winter pool hours starting Nov 1st and running through March 31 are 12 noon to 8 PM daily.

THE ARTS AT BOULDER HOT SPRINGS

Jefferson High School Art Class Display

Mid March thru late April 2012

Jefferson High School art students are looking forward to exhibiting again at Boulder Hot Springs from March thru late April, 2012. Student artwork will be presented by the 9 - 12th graders, beginning through advanced art students.

They will exhibit paintings using water color, oils, pastels, and tempera paint, linoleum prints, drawings using charcoal, pencil, ink, colored pencil and markers.

They hope you will enjoy viewing their artwork as much as they enjoy exhibiting at Boulder Hot Springs.

RaeCille Dawson, Art Director

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Cindy Bryant - Acrylic Painter

May & June 2012

As a life long Montana resident, I appreciate all of Montana's amazing beauty which is 2nd to none. I am a self taught artist with a style all my own. In 2008 my painting "The Chosen One" was the official Capitol Christmas Tree's art piece and is on display in Washington D.C. I have won many ribbons and Grand Champion awards for my painting. I enjoy putting Montana's amazing landscapes and wildlife to canvas using acrylic paints.

Bryant's Crafts
Cindy Bryant

<http://bryantscrafts.home.bresnan.net/>

UPCOMING GROUPS & EVENTS

March 16 - 17: Exceptional Women

March 17 - 18: Montana Association of Naturopathic Physicians - Contact Gail Brockbank @ 406-442-4141

March 25: Sunlight of the Spirit Retreat

March 31: District 61 Pre-Assembly

April 20 - 22: BHS Yoga Retreat with Judy Landecker - 406-225-4339

April 21: Montana Acupuncturists - Tanya Brekke @ 406-600-9471

May 4 - 6: Back to Bliss Yoga with Jennifer Brooke - 406-721-3905

May 4 - 5: Art Therapy Assoc.

May 18 - 20: Bitterroot Intergroup

June 13 - 17: Qi Gong Workshop - Mary Erickson @ 406-690-1251

July 28 - Aug 3: Living In Process Intensive

The purpose of an Intensive is to provide an experience in the Living in Process® approach and community while confronting the addictive process. This work is not therapy, nor is it based on the scientific model out of which therapy comes. It is an alternative. Intensives are a door into a new paradigm. Living in Process® work was developed by Anne Wilson Schaefer. People who are in the Training with her are now facilitating Intensives here and throughout the country. For more information call (406) 225-9171

July 28 - Aug 3: Living In Process Training

Aug 4 - 10: Living in Process International Gathering

Aug 11 - 17: Living in Process Training

******Special Events at Boulder Hot Springs******

Jefferson High School Art Display (see page 3)

BHS Yoga Retreat With Judy Landecker (see page 2)

Art Display with Cindy Bryant (see page 3)

Yoga Retreat with Jennifer Brooke (see page 2)

See our 15% off room and \$1.00 off swim coupon on our front page of the web site.



Special Occasion Buffets

Easter (Ham Buffet) April 8

Mother's Day (Prime Rib Buffet) May 13

Father's Day (Prime Rib Buffet) - June 17

******Reservations recommended******

Adults - \$24 ** Seniors (60 & over) - \$20 ** Children (5-12) - \$12

Use of indoor and outdoor pools included

Call 406-225-4339 for reservations and information

OUR POOL AND PLUNGE HOURS

Family Indoor Co-Ed soaking

5 - 9 PM Sunday/Wednesday (April - Oct)

10 AM - 9 PM / Saturday (April - Oct)

**Our summer hours from April 1 thru October 31
are 10 AM to 9 PM daily.**

**Our winter pools hours from November 1 thru
March 31 noon to 8pm daily**

**Pool Prices: \$7 Adults, \$5 Seniors over 60
\$4 Children 3- 12**



Boulder Hot Springs Mission Statement

To be present here, to offer protection and healing to individuals, communities, these sacred waters, this land and this building for present and future generations and all our relations so that the possibility of healing, recovery, community and con-