

APRIL 2008
Volume 16, Number 7



Hello! and greetings from Boulder Hot Springs. I hope that everyone had a lovely winter as we did here with many changes and challenges.

There are several bits of information I want to share with you in an attempt to work together to continue to make this grand old place available to all who wish to come here.

Firstly, in March, we did some much needed repair work in the women's pool area and needed to close this area off for a few days. We're sorry for any inconvenience this may have caused you and hope that the improvements made any trouble you experienced worthwhile.

Secondly, as many of you know, the owners of Boulder Hot Springs made the decision when they bought it that they were not investing their money to make a profit or see any returns on their investment. When we have, at the end of the year shown a profit, the owners have always chosen to put it back into the upgrading of BHS. We strongly feel that this should be a place where people can come for healing, relaxation, rejuvenation, and growing and this has been our primary concern. Therefore, with the current economic situation and the rise in costs from minimum wage (which we support and it hit us hard with the high school students we hire) to propane and electric, we, like other businesses, looked at the necessity to raise our fees. After careful consideration and heartfelt searching, we decided not to do this. This economic crisis is just the time when people need to heal, relax, rejuvenate and grow. Unfortunately, these kinds of experiences are usually the first to go when there is a financial crunch. So, for the time being, we decided to tighten our belts and not raise our fees so people can continue to come here for rejuvenation.

As an option, we will put a donation box at the Bath House front desk and any who can or want to can contribute their change (or more) to help keep this place open. We regularly receive contributions from the International Living in Process Network to help with the restoration of BHS. It is always good to have everyone who can participate as they can in this old place.

And lastly, this year again, we are having special occasion buffets on Easter, Mother's Day and Father's Day. Please join us for a delicious and hearty meal and for some soaking and swimming.

We look forward to seeing you this spring.

Kerri Kumasaka

General Manager, Boulder Hot Springs

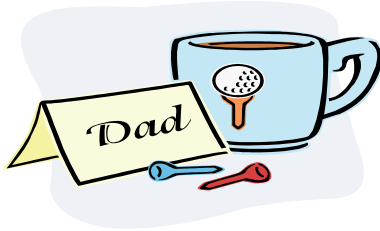
SPECIAL OCCASION BUFFETS



Mother's Day - May 11, 2008

CELEBRATING MOTHERS!!

GOURMET CHICKEN FEAST



Father's Day - June 15, 2008

TREAT DAD TO MONTANA'S FINEST

PRIME RIB

Reservations recommended

ADULTS: \$22 ** SENIORS (60 & OVER) \$18 ** CHILDREN (5-12) \$9

Boulder Hot Springs is an alcohol and smoke free facility.

407-225-4339

Yoga Retreat Weekend At Boulder Hot Springs



Led by Judy Landecker Of

Northern Lights Yoga

April 18 - 20, 2008

*\$294 Single Occupancy ** \$262 Double Occupancy*

Price includes:

Overnight stay (Fri & Sat Nights)

Six (6) Meals

Four Yoga Sessions

Pool Use

**PLEASE CALL @ 406-225-4339 to register and for
more information.**

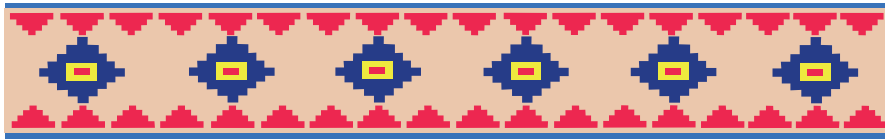
REMINDER: We start our summer hours on April 1 to October 31. We're
open 10 AM to 9 PM every day!!

THE ARTS AT BOULDER HOT SPRINGS

ARTIST DISPLAY WITH MARCY BERGMANN

**APRIL 24 THRU JUNE, 2008 WITH ARTIST RECEPTION ON
MAY 4, FROM NOON TILL 2:00 PM**

Marcy Bergmann a native of Helena MT spent 20 years with her military husband and 2 children. She started painting in 1995 and found the excitement of creating something that had never been seen before. She creates in watercolor, oil and pencil sketches. Having not found her style yet and being a relatively new artist, she is experimenting in many mediums and styles. She loves the use of lots of color and fun in her creations and hopes that those things will continue to grow as she finds herself in her art. Marcy shares C' Em Studio with Cindy Rose the Studio is located behind Marcy's home in East Helena, MT.



ART DISPLAY WITH EVA ERIKSEN

JULY & AUGUST 2008

ARTIST RECEPTION ON JULY 6 FROM NOON TILL 2 PM

During the two years since my work was last displayed at Boulder Hot Springs, I have settled deeply into "our" mountain northeast of Boulder. My studio space in the loft of our cottage overlooks the trees and boulders and the ever-changing weather. No artist could ask for more inspiration. This year I have committed myself to creating a larger body of work, and getting it "out there" among galleries and websites for more people to see. The goal for 2008 is one painting finished and signed for each and every week!

Most of my latest pieces have been oil, but watercolor always occupies my April in anticipation of the Montana Watercolor Society show. Last year, the painting of "Rocky" the cat won an award at the show in Bigfork.

I just learned that two of my dog oils won awards at the prestigious "Art Show At the Dog Show" in Wichita, Kansas. "Those Eyes II" won first place in the "oil and acrylics" category, and "Heidi" won third in the same category. "Those Eyes II" also won the Jeff Galheer Award of Distinction. A great encouragement for a hermit artist!

I still haven't landed on a particular subject or medium that defines me as an artist; so, you will see portraits, pets, still life, and landscapes fairly equally spread about. Portraits used to be my first love, but living on the mountain and driving through the beauty that is Jefferson County on a regular basis has opened my eyes to landscape art. A favorite stand of cottonwoods can have so many different expressions with the change of light and season. The boulders can be cold and hard and grey, or warm and soft with moss depending on the light of day. Endlessly fascinating. My eyes always land on the smaller view, rarely the panorama. Intimacy in landscapes, in pets, in people. I hope to have a completely new set of works for all of you to see in July and August.

UPCOMING GROUPS & EVENTS

**April 18 - 20: Boulder Hot Springs
Yoga with Judy Landecker (Pg 2)**

**April 21 - 23: Rocky Boy Diabetes
Program**

**April 25 - 27: Jennifer Brooke Yoga
Retreat. Contact Jennifer Brooke @
406-329-5895**

**May 2 - 4: American Massage
Therapists Association**

**May 9 - 11: The Soul Garden
Workshop Contact Patrick @ 406-
442-3439**

**May 14-16: Montana Tribal Lead-
ers Council**

June 22 - 27: WSA Intensive: *The purpose of an Intensive is to provide an experience in the Living in Process® approach and community while confronting the addictive process. This work is not therapy, nor is it based on the scientific model out of which therapy comes. It is an alternative. Intensives are a door into a new paradigm. Living in Process® work was developed by Anne Wilson Schaefer. People who are in the Training with her are now facilitating Intensives here and throughout the country. For more information call (406) 225-9171.*

June 28 - July 11: WSA Training

CONGRATULATIONS TO OUR DRAWING WINNERS!!

Thank you for all who stopped by our booths at the Heath & Wellness Fair in Helena, and the Business Card Social at the Helena Airport. Congratulations to Bill Mudro who won our drawing at the Health & Wellness Fair for an overnight stay in one of our B & B rooms, and to Ken Haab who won a swim pass in this drawing.

Congratulations also to David and Candace Payne who won an overnight stay in our drawing at the Business Card Social.

******Special Events at Boulder Hot Springs******

Artist Display with Marcy Bergmann (April 24 thru June) ** See page 3

Boulder Hot Springs Yoga Retreat with Judy Landecker (April 18- 20) ** Pg 2

Mother's Day Buffet (May 11) ** see page 2

Father's Day Buffet (June 15) ** see page 2

Art Display with Eva Eriksen (July & August) ** see page 3

Relax, Revive and Rejuvenate in the geothermal waters of Peace Valley!

PO Box 930 ❖ Boulder MT 59632 ❖ (406) 225-4339

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OUR POOL AND PLUNGE HOURS

From April 1 thru Oct 31, 2008 we are on our summer pool hours from 10 AM to 9 PM daily.

Family Indoor Co-Ed soaking

5 - 9 PM Sundays

**Pool Prices: \$7 Adults * Seniors \$5
60+ * \$4 Children 3- 12**

Boulder Hot Springs Mission Statement

To be present here, to offer protection and healing to individuals, communities, these sacred waters, this land and this building for present and future generations and all our relations so that the possibility of healing, recovery, community and connection with the creator and all creation is here.