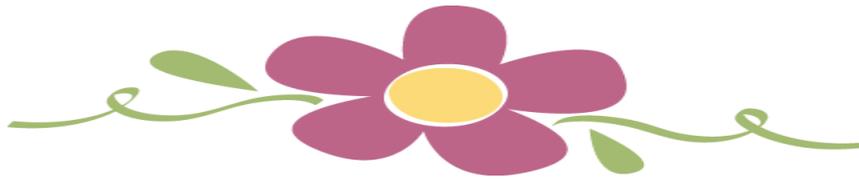




Boulder Hot Springs

May 2015



What is Happening at Boulder Hot Springs

This is an especially beautiful time of year here at Boulder Hot Springs. The fields are turning a lush green color. The calls and singing of the Sandhill cranes, red-winged blackbirds, meadowlarks and other birds can be heard. And to add to its beauty the magenta shooting stars, wild iris and other wildflowers are beginning to appear in the meadows. In addition, again this year, we are blessed with families of Canada geese and their baby goslings who are nesting, hatching and swimming in and around our pond.

We had a wonderful turnout for our Mother's Day buffet, over 100 diners. Thanks to all of you who came for the buffet. We also look forward to celebrating Father's Day with a Prime Rib buffet on June 21st from 12 noon to 3 pm. Reservations are recommended.

June promises to be a busy month. We had a Qi Gong group gathering here, we are currently having a writer's retreat with Anne Wilson Schaefer, and then we have two weeks of Living in Process Training, and a Living in Process Intensive.

The restoration work on the west wing is moving along smoothly. We are hoping the old barroom will be restored by the end of August. This will provide an extra meeting space and also, hopefully, a snack/juice bar. The space is looking bright and spacious and the old bar and back bar as well as the maple flooring are being reinstalled. A big "thank you" to Kelly Conway, Jason Kifer and Chuck Tesmer who have done the majority of work on this project. Great job Kelly, Jason and Chuck!!!

Come to join us.

We wish you and your family a safe, serene and enjoyable summer.

From all of us at Boulder Hot Springs



Yoga Retreat Weekend At Boulder Hot Springs

Led by Judy Landecker

October 23-25, 2015

**\$308 Single Occupancy

**\$276 Double Occupancy

Price Includes:

Overnight Stay (Fri & Sat Nights)

Six (6) Meals

Four (4) Yoga Sessions

Pool use

**PLEASE CALL: 406-225-4339 to
register and for more information**

Boulder Hot Springs Mission Statement

To be present here, to offer protection and healing to individuals, communities, these sacred waters, this land and this building for present and future generations and all our relations so that the possibility of healing, recovery, community and connection with the creator and all creation is here.

REMINDER: We are on our summer hours from on April 1 to October 31.

We're open 10 AM to 9 PM every day!! Coed plunge hours: Wed night 5-9pm,
Saturday 10am-9pm, Sunday night 5-9pm

Pool Prices: \$7 adults, \$5 seniors, \$4 children (3-12)

THE ARTS AT BOULDER HOT SPRINGS

THE ARTS AT BOULDER HOT SPRINGS

DICK SMITH — PHOTOGRAPHER

(May and June)

Originally a resident of upstate New York, Dick Smith moved to Montana in 1978 in order to enjoy the abundance of wildlife and open spaces Montana provides.

He began taking pictures with a 35mm camera in 1983 and switched to digital cameras in 2006. His favorite places to photograph are Yellowstone and Glacier National Park.

In the summer of 2013, he spent 95 days on a photographic safari in Alaska, focusing on bears and their habit of fishing.

He hopes that through his photography all can share in his love of wildlife and the wilderness.

KAE CHEATHAM — PHOTOGRAPHER

(July and August)

After a long and varied career, retired author and photographer Kae Cheatham has embraced the digital age. She's designed websites, worked on photo restoration, created book covers for both print and e-books and, most recently, trained in PhotoArt. She's used what she's learned in her to add digital painting and graphic art techniques to many, but not all, of her photos. She states, "It is absolutely fun, but I don't feel a need to use it on everything."

Kae's specializes in photos of domestic animals and rural events. Her photos have appeared in many publications and have been used as illustrations in several books, Both her PhotoArt and her books are official MADE IN MONTANA products.

Born in Ohio, Kae raised her children in Tennessee before moving to Montana in 1998. She currently lives north of Helena. "This is where I always wanted to be, and where I will remain."

UPCOMING GROUPS & EVENTS

June 13-26 Living In Process Training

June 21 Father's Day Buffet

June 27-July 3 Living In Process Intensive

The purpose of an Intensive is to provide an experience in the Living in Process® approach and community while confronting the addictive process. This work is not therapy, nor is it based on the scientific model out of which therapy comes. It is an alternative. Intensives are a door into a new paradigm. Living in Process® work was developed by Anne Wilson Schaefer. People who are in the Training with her are now facilitating Intensives here and throughout the country. For more information call (406) 225-9171.

Sept 11-13 Soul Motion

Sept 18-20 Celebrating Women

Sept 26-27 Naturopaths

Oct 2-4 NIA Retreat

Oct 9-11 Back to Bliss

