



# Boulder Hot Springs

NOVEMBER 2011



Greetings from Boulder Hot Springs! I hope your fall is as lovely as ours has been and continues to be. The aspens are golden and the air is cooler – a perfect time to relax in the heated outdoor pool. Hopefully many of you have been enjoying the geothermal waters.

We continue to make improvements to the facility and would like to share some of those with you and invite you to visit and check them out.

One big project was replacing the windows in the east wing – bed and breakfast rooms as well as the guest rooms – with more energy efficient windows. They look really nice and should help conserve heat this winter.

We have been landscaping around the outside of the building. The front entry welcomes you with two flower beds and new paths to the building. We have also planted trees and bushes along the walkway to the outdoor pool. Many are fruit bearing – apple, pear, plum, gooseberry, currant – or nitrogen-fixing to fertilize the soil. We have more plantings planned for the future so come see what we are doing and watch the changing landscape.

Dave, maintenance manager, and his wife, Susie, have done a lot of work getting the greenhouse up and running. This summer we served chard and kale along with some herbs all grown in the greenhouse. This fall the tomatoes and squash are coming on and winter lettuce is coming up. All of these are used in meals served to our B&B guests or various groups that meet here.

We are also planning to raise some chickens. So far we have a shed to use as a chicken coop and fencing ready to go up. The chickens are yet to come.

We have also done some repairs on our geothermal heating system which has been quite a big project. Anne Wilson Schaefer designed this unique system which uses the hot water to heat glycol that runs throughout the system and heats the building.

The next time you are here to swim or to spend a night feel free to check out our projects at the greenhouse and chicken area as well as the landscaping. We continue to look for ways to improve the building and the land while living in integrity with the plants and animals here.

Please check out the upcoming activities listed elsewhere in the newsletter as well as our closure dates for repairs (Nov. 28 – Dec. 10). We will also start our winter hours on Nov. 1<sup>st</sup> (noon to 8pm).

Wishing you a lovely fall!

Barb                      Jan                      Kerri

The Management Team of Boulder Hot Springs

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**NEW YEAR'S EVE CELEBRATION  
WITH DINNER AND LIVE DINNER-  
MUSIC!!!**



**Saturday, December 31, 2011**

**Dinner: 7 - 9 PM**

Prime Rib & Salmon Buffet \$55  
Couples \*\* \$30 Singles \*\* Child \$15 (5-12)

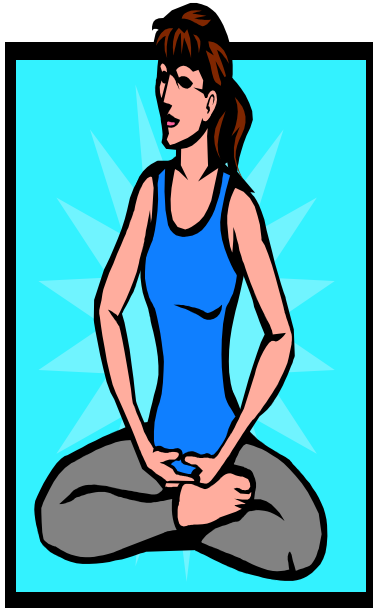
\*\*Overnight packages available.

Please call 406-225-4339 for reservations  
and more information

Boulder Hot Springs is a smoke free, and alcohol free facility

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***Yoga Retreat Weekend At  
Boulder Hot Springs***



Led by Judy Landecker of

Northern Light Yoga

April 21 - 23, 2012

\$302 Single Occupancy \*\* \$270 Double Occupancy

*Price includes:*

*Overnight stay (Fri & Sat Nights)*

*Six (6) Meals*

*Four Yoga Sessions*

*Pool Use*

**PLEASE CALL @ 406-225-4339 to register and more information**

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**REMINDER: Our winter pool hours starting Nov 1st and running through  
March 31 are 12 noon to 8 PM daily.**

**Our summer pool hours from April 1st through Oct 31 are 10 AM to 9 PM dai-**

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# THE ARTS AT BOULDER HOT SPRINGS

## Artists Display By Allen Lemieux

November to Early January 2012

Allen Lemieux began his artistic painting journey when he illustrated in a journal as a past time. Then he realized how wonderful it would be to leave his artistic expression for his children and grandchildren. This is when he began his work on canvas.

Allen humbly states that he is only an amateur. As a very dedicated community member, Allen supported the local art gallery by displaying his paintings.

The proceeds for any sales of his artwork goes to the Smile Train National Organization which supports doctors to repair cleft palates around the world.

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## Quilt Display

*By The Boulder River Quilt Guild*

*Mid January thru Mid March 2012*

*The Boulder Quilters are a loosely united group of quilters that do not have a formal group yet they get together occasionally for quilting and sharing. They also assist each other and do one on one sharing.*

*They do great landscapes, bags, denim and quilts.*



## UPCOMING GROUPS & EVENTS

Nov 17 - 18: Montana Conservation Corp

Nov 28 - Dec 10: Closed for Repairs

Jan 7 - 8: NIA New Year (Contact Lynn Bowman @ 406-431-1821)

Jan 13 - 15: Mindful Eating Retreat (Contact Marlisa @ 406-782-4100)

Jan 21 - 27: Living in Process Intensive

*The purpose of an Intensive is to provide an experience in the Living in Process® approach and community while confronting the addictive process. This work is not therapy, nor is it based on the scientific model out of which therapy comes. It is an alternative. Intensives are a door into a new paradigm. Living in Process® work was developed by Anne Wilson Schaefer. People who are in the Training with her are now facilitating Intensives here and throughout the country. For more information call (406) 225-9171*

Jan 29 - Feb 10: Living in Process Training

Feb 18 - 19: Steam'n'Stomp (Contact Bill Bucher @ 406-442-7591)

Feb 25 - 26: Northern Lights Yoga with Judy Landecker (Contact Judy @ 406-449-2205)

Feb 26 - 28: Bio Dynamics

NOTE: See web calendar for more events at Boulder Hot Springs.



**WE WILL BE CLOSED FOR MAINTENANCE/REPAIR WORK FROM  
NOVEMBER 28 THRU DECEMBER 10 AND RE-OPENING ON  
SUNDAY, DECEMBER 11, 2011**

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**\*\*\*\*Special Events at Boulder Hot Springs\*\*\*\***

Artist Display With Allen Lemieux (see page 3)

New Year's Eve Dinner/Dance: (see page 2)

Artist Display With The Boulder River Quilt Guild (see page 3)

BHS Yoga Retreat With Judy Landecker (see page 2)

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## **Special Occasion Buffets**

**\*\*\*\*\*Reservations recommended\*\*\*\*\***

**Adults - \$24 \*\* Seniors (60 & over) - \$20 \*\* Children (5-12) - \$12**

**Call 406-225-4339 for reservations.**

**The buffets include Easter, Mother's Day, and Father's Day**

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### **OUR POOL AND PLUNGE HOURS**

**Family Indoor Co-Ed soaking**

**4 - 8 PM Sunday/Wednesday ( Nov - March)**

**Noon to 8PM / Saturday (Nov - March)**

**Our winter pools hours from November 1 thru  
March 31 noon to 8pm daily**

**Our summer hours from April 1 thru October 31  
are 10 AM to 9 PM daily.**

**Pool Prices: \$7 Adults, \$5 Seniors over 60**

**\$4 Children 3- 12**



### **Boulder Hot Springs Mission Statement**

*To be present here, to offer protection and healing to individuals, communities, these sacred waters, this land and this building for present and future generations and all our relations so that the possibility of healing, recovery, community and con-*