



Boulder Hot Springs

OCTOBER 2012



Hello, and greetings from Boulder Hot Springs! There were so many exciting things going on here this summer that we wanted to give you an update.

We had an extraordinary International Gathering for the Living in Process network, and people came from around the world. As is our tradition, this event included a free international concert which was open to the public at Jefferson High School in Boulder on August 8th. The concert was well attended. Thanks to those of you who were there. There was also a puppet show for the children of Boulder on August 7th provided by Maritime Marionettes of Nova Scotia.

We continue to work to restore the west wing of the building. We extended the west wing lobby to its original size and refinished the floors in this extended area. We installed new windows for this space as well as in the bar room. In the bar room we are working on leveling the floor and restoring the flooring. We purchased several thousand square feet of 80 year old maple flooring from an Armory gymnasium which we are cleaning up and reusing.

Another exciting project is the restoration of the second and third floors of the west wing including the historic ball room. In the 1940's or 50's the ball room was chopped up and made into guest rooms with walls and a false ceiling. As part of asbestos abatement in the entire west wing, we recently had to have the false ceiling and walls torn out, and now we can see the former grand expanse of the ballroom. More work will be done on the ballroom and other parts of the 2nd and 3rd floors of the west wing and eventually, Anne Wilson Schaefer, one of the primary owners of the Hot Springs, will live in these spaces with her family.

In addition, we continue to work to become more self-sustaining and beautify the grounds and building. This spring we got some chickens, and we plan to have fresh eggs to serve our guests. We also harvested our first crop of honey from the beehives we have here. The grounds look wonderful with all the wildflowers and fruit trees we planted throughout the year, and we continue to use our geothermal greenhouse to grow lettuce, tomatoes, kale, chard and herbs for use in our kitchen. We welcome you to come to see our greenhouse and chicken house.

Wishing you all the best this autumn.

Sincerely,

Barb Reiter
Management Team Member

Kerri Kumasaka
Management Team Member



Yoga Retreat Weekend At Boulder Hot Springs

Led by Judy Landecker of

Northern Light Yoga

October 19 - 21, 2012

*\$302 Single Occupancy ** \$270 Double Occupancy*

Price includes:

Overnight stay (Fri & Sat Nights)

Six (6) Meals

Four Yoga Sessions

Pool Use

PLEASE CALL @ 406-225-4339 to register and more information

Back to Bliss Yoga Spring Women's Yoga Retreat "A Celebration of the Feminine!" October 12 - 14, 2012

Stress slips away and your true nature returns, bringing you
back to peace, back to balance, back to bliss.

Join Jen & Harriet for a weekend of self discovery & renewal! **Harriet Alterowitz and Jennifer Brooke** are both experienced and certified yoga teachers/therapists with Integrative Yoga Therapy and registered at the E-500 level with Yoga Alliance. They combine their strengths of precise alignment, creativity, and fluidity in this fun-filled workshop. Plan to deepen your practice and learn more about the philosophy of yoga in an experiential way.

For more information call:

Jennifer Brooke @ 406.721.3905 email: jbrookemt@aol.com

Harriet Alterowitz @ 406.370.6464 email: hattieyoga@gmail.com

***NOTE: Men's indoor pool area will be closed from October 1 thru October 5.
There is a crack in the pool which is leaking and needs to be repaired. The time
frame may vary depending on the repair.***

Sorry for the inconvenience. The outdoor pool is available for your use.

THE ARTS AT BOULDER HOT SPRINGS

PHOTO DISPLAY BY ROSE JOHNSON

September thru Oct. 2012

Rose grew up in Boulder, Montana, graduated from Jefferson High School and attended Montana College for two years. She has a husband, three children and three grandchildren.

She started photography 20 years ago as a hobby, taking wedding and senior pictures and in the past few years taking pictures at high school sporting events.

She enjoys giving the pictures she takes to the parents, and also trying to get wildlife pictures of Boulder and other areas.

ART DISPLAY BY TOM MOSTAD

November thru early January

Artist Reception Nov 4 from noon till 2 pm

Tom was born and raised in Montana and has been inspired by the natural beauty Montana has provided. His art reflects his love of the outdoors, and especially the vast amount of wildlife found here. He has been painting in acrylic medium since his first art class at the University of Montana about 30 years ago. He became more serious about his art in 2000, when he began watercolor painting. Through the years, a number of his acrylic and watercolor paintings have been accepted in juried art shows around the State. In 2008, he became a Signature Member of the Montana Watercolor Society. In the fall of 2012, he was accepted into the Annual IAA Wildlife Art Show at the Jaycee Park Center for the Arts in Irving, Texas. Currently, he is an associate member of the National Watercolor Society.

WE WILL BE CLOSED FOR RE-

UPCOMING GROUPS & EVENTS

Oct 12 - 14: Back to Bliss Yoga with Jennifer Brooke and Harriet Alterowitz

Oct 19 - 21: BHS Yoga with Judy Landecker

Nov 1 - 4: One Sky Counseling

Nov 8 - 9: Heart of the Rockies

Nov 3 - 9: LIP Intensive

The purpose of an intensive is to provide an experience in the Living in Process® approach and community while confronting the addictive process. This work is not therapy, nor is it based on the scientific model out of which therapy comes. It is an alternative. Intensives are a door into a new paradigm. Living in Process® work was developed by Anne Wilson Schaefer. People who are in the Training with her are now facilitating intensives here and throughout the country. For more information call (406) 225-9171

Nov 10 - 11: NIA Weekend

Nov 15 - 16: Montana Conservation Corp.

Nov 16 - 18: Montana Organizing Program

DRUM WORKSHOP:

Michael McDaniel is interested in doing a drum workshop at Boulder Hot Springs. If anyone would like to participate, please contact him at:

michaeldrums@bresnan.net

******Special Events at Boulder Hot Springs******

Yoga Retreat with Judy Landecker (see page 2)

Back to Bliss Yoga with Jennifer Brooke (see page 2)

Photo display by Rose Johnson (see page 3)

Art display by Tom Mostad (see page 3)



Special Occasion Buffets

Valentines, Easter, Mother's Day, Father's Day

Special New Years Eve Dinner (call after November 1 for information)

*******Reservations recommended*******

Adults - \$24 ** Seniors (60 & over) - \$20 ** Children (5-12) - \$12

Use of indoor and outdoor pools included

Call 406-225-4339 for reservations and information

OUR POOL AND PLUNGE HOURS

Family Indoor Co-Ed soaking

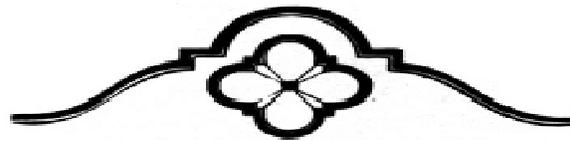
5 - 9 PM Sunday/Wednesday ((April - Oct)

10 AM - 9 PM / Saturday (April - Oct)

**Our summer hours from April 1 thru October 31
are 10 AM to 9 PM daily.**

**Our winter pools hours from November 1 thru
March 31 noon to 8pm daily**

**Pool Prices: \$7 Adults, \$5 Seniors over 60
\$4 Children 3- 12**



Boulder Hot Springs Mission Statement

To be present here, to offer protection and healing to individuals, communities, these sacred waters, this land and this building for present and future generations and all our relations so that the possibility of healing, recovery, community and con-