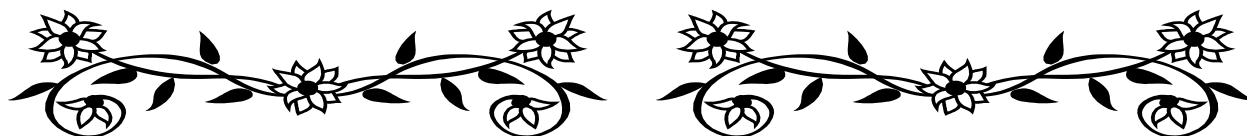


**September 2007**  
**Volume 14, Number 5**

---



Howdy to all!

Seems like fall is just around the corner. We had a very busy summer here at Boulder Hot Springs. There were four weeks of solid activities with a Living in Process® International Gathering, Training Sessions and an Intensive (workshop). In addition, the Shakespeare in the Park performers stayed here after their spectacular performance at the Jefferson County Fairgrounds in Boulder.

We also had a family reunion/anniversary celebration, a cyclist group, a health educator's event and two wedding parties that stayed here. One of the wedding parties had their ceremony in the West Wing (Fireplace) Lobby and their reception dinner in the West Wing Dining Room. Both of these areas look quite elegant after the electrical systems were updated, the ceilings replastered and the stenciling on the ceilings redone. We put up the original light fixtures & covers and the rooms look stunning!! A big thank you to all the groups and individuals who had events and/or stayed at our facility recently. What a pleasure it was to have you here and we hope you'll be back soon.

Looks like fall will also be a busy time for us with many other group events & overnight guests.

Some people have called to ask us when we will be closing for repairs this year. We plan to close from November 26 to December 9th, 2007. We will open for business again on December 10. We've also had a few inquiries about our New Years Eve event. Please call us for more information about ringing in the New Year at Boulder Hot Springs.

Peace, Joy & Health to you,

Kerri

General Manager



***Yoga Retreat Weekend  
at Boulder Hot Springs  
Led by Judy Landecker Of  
Northern Lights Yoga***

***October 26 - 28, 2007***

***Includes:***

- \* Overnight stay (Fri & Sat)***
- ❖ Meals (Friday Dinner to Sunday Lunch)***
- ❖ \* Four Yoga sessions***
- \* Pool use.***

***COST: \$262—\$337.00***

***PLEASE CALL BOULDER HOT SPRINGS @ 406-225-4339 TO REGISTER***

---

***THE 15th ANNUAL CELEBRATING WOMEN CONFERENCE***

***September 21 - 23, 2007***

***“EARTH MY BODY”***

***Celebrating Women is brought to you by a circle of women who want to foster women’s community, inspire and empower women to realize their dreams, plant seeds for a better world, and have fun!!***

***We do our best to provide a safe and inclusive environment for participation at any level.***

***A variety of workshops are offered over the course of the weekend which reflect this years theme of “Earth My Body”. Workshops cover topics of ecology, movement, spirituality, creativity, personal transformation and others.***

***For general information and brochures call Shaun Phoenix  
@ 406-580-0562. For registration questions call Jean Hannula  
@ 406-539-7814***

# THE ARTS AT BOULDER HOT SPRINGS

## BOULDER HOT SPRINGS FEATURES ARTISANS FROM BOULDER/BASIN (November thru early January)

Boulder Hot Springs is excited and honored to display the artwork of some of the many artisans in our community of Boulder and Basin. Artists of varying media will share their artistic expression during November, December and early January in the Dining Room of the Hot Springs.

Basin artists are: Painter M. J. Williams, Quilter Debbie Sheehen and Photographer Karen Davidson. Boulder Fabric Artist Jennifer Pryor, and Boulder Valley Photographer Annie Kick will also be showing work.

A reception for the artisans will be held on Nov. 4, 2007 from noon to 2 p.m. Come and enjoy their artistic expressions!

\*\*\*\*\*

## ARTIST DISPLAY WITH MINDA HESSKAMP

September/October with Artist Reception on  
September 16 from noon till 2 p.m.

I am not a professionally trained photographer. But since moving to Montana, I simply can't seem to stop taking pictures. I gaze out my windows, and every time I look, the scene is different. The same, but different. Light and shadow, sun and rain, inversions, smoke, fog. Always the same, yet ever changing. And in my mind, these opposing perceptions of constancy and change are not mutually exclusive, but in the whole merge effortlessly in constant evolution of the natural world. Here in Montana, I feel the pulse of Nature in my own heartbeat — Its beauty and inherent power. I see it most acutely not in the majestic rise of a mountaintop, but in the elegant simplicity of its most basic and fundamental features. The immense power of a trick of water droplets, sculpting out solid rock. The tireless effort of fungi and mosses transforming deadfall into sustenance for future growth. Veining on a leaf, elemental hues in a sedimentary rock. All speak to the past, present, and future at once, the fluidity of time, and the necessary contradiction of completely self-contained microcosm having tremendous rippling effect on the entire larger ecosystem we call Earth. Simplicity becomes complex. Complexity exists only within its simplest parts. This is my home. And it has earned my respect. Minda Hesskamp

## UPCOMING GROUPS & EVENTS

Sept 6: Institute for Conservation Leadership

Sept 7 - 9: Montana Human Rights Network

Sept 14 -15: Montana Tech Learning Center

Sept 14 - 16: Creative Memories

Sept 21 - 23: Celebrating Women (See Page 2)

Sept 29 - 30: Naturopathic Physicians

Oct 5 - 7: American Massage Therapists Association

Oct 19 - 21: Montana Peoples Action

Oct 26 - 28: Yoga Retreat (Page 2)

Nov 3 - 9: WSA Intensive: *The purpose of an Intensive is to provide an experience in the Living in Process® approach and community while confronting the addictive process. This work is not therapy, nor is it based on the scientific model out of which therapy comes. It is an alternative. Intensives are a door into a new paradigm. Living in Process® work was developed by Anne Wilson Schaefer. People who are in the Training with her are now facilitating Intensives here and throughout the country. For more information call (406) 225-9171.*

Nov 15 - 16: Montana Conservation Corps

Nov 30 - Dec 2: Changing Woman

\*\*\*\*\*

## GIFT IDEAS

Looking for that special gift? Treat someone to a gift certificate for an overnight stay in one of our lovely B&B rooms or guest rooms. Certificates are also available for massages and pool use.

**\*\*\*\*Special Events at Boulder Hot Springs\*\*\***

September 16: Artist reception for Minda Hesskamp from noon til 2.p.m.  
(See page 3)

November, December and January: Artisans from Boulder and Basin  
(See page 3)

Closed for repair November 26 thru December 9, 2007

New Years Eve event ( Call for information)

*Relax, Revive and Rejuvenate in the geothermal waters of Peace Valley!*

PO Box 930 ❖ Boulder MT 59632 ❖ (406) 225-4339

PRRST STD  
US POSTAGE  
PAID  
HELENA, MT  
PERMIT NO. 243

**OUR POOL AND PLUNGE HOURS**

**Starting Nov 1, we will be going to our  
winter pool hours from 12 noon to 8 PM  
daily.**

Also rates for our overnight accommodations will  
go to our winter rates starting Nov 1.

Family Indoor Co-Ed soaking 4 - 8 PM Sundays

**Pool Prices**

\$7 Adults      \$5 Seniors 60+  
\$4 Children 3-12

**Boulder Hot Springs Mission Statement**

*To be present here, to offer protection and healing to individuals, communities, these sacred waters, this land and this building for present and future generations and all our relations so that the possibility of healing, recovery, community and connection with the creator and all creation is here.*