



# Boulder Hot Springs

August 2006

Volume 11, Number 2

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When we (Anne Wilson Schaefer) bought Boulder Hot Springs, we envisioned it being a place of healing, sanctuary, retreat, meeting and celebration! This continues to be our goal. We realize that we have not always been consistent in focusing on these goals and/or in bringing them to life. And, we have always wanted this for all the people who came and for ourselves.

We are now moving into a new phase at BHS and we are inviting you, the public we try to serve, to join with us in this effort.

Barb Reiter, who has served BHS so well, will be stepping aside as manager. Barb has helped keep BHS alive during our early growing pains and we will always be grateful to her for all she has done and will continue to do.

Kerri Kumasaka will be stepping in as our new manager. Our hope and belief is that Kerri can help move us to a new level of service, healing and retreat as we try to embody our hopes for this place and land.

We have a wonderful new chef, Sue Torgerson, a native Montanan, who has traveled the world and returned home. Sue will be taking over the Kitchen and together, she and Anne hope to make the food at BHS the best in Montana and the Pacific Northwest.

We will not reinstate the buffets until we are clearly ready. In the meantime our B & B guests and groups will be fed the best! In addition, we will be getting a new floor in the dining room. Lets all together make BHS what it can be.

We welcome your comments.

*Anne Wilson Schaefer and the owners of Boulder Hot Springs.*



# THE ARTS AT BOULDER HOT SPRINGS

## Montana Landscape Art Display Sept. thru Oct.

Montana landscape painting by Helena artist, Marsha Carter Davis, will be on display at Boulder Hot Springs through September and October. Come and meet Marsha at a reception on Sunday, September 17 from noon to 2 p.m.

Included in her display are many landscapes of Southwest Montana featuring the Boulder Valley and Hot Springs. Through acrylic medium, Davis seeks to capture the special beauty of the Boulder area and hopes to bring the viewer a feeling of freedom and peace.

Also available are several wildbird and native wildflower paintings as well as a selection of prints.

Marsha has been painting for over 25 years, her love of paintings beginning in high school.

She later earned a B.A. in Art from the University of Washington and presently focuses on companion animal portraits and landscapes.

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## BLACK AND WHITE PHOTO DISPLAY

BY DANIEL BIEHLE

RECEPTION NOVEMBER 5—NOON TILL 2:00 PM

Daniel Biehle will be displaying his black and white photography at Boulder Hot Springs through the months of November, December, and early January, 2007.

The following is Daniel's philosophy of his work:

*My work is typically an exploration of the process or medium in use as informed by the unconscious saturation of information from experience, research, news, artistic and other influences. These ingredients are mixed, fermented and applied manually to produce art.*

*This collection of photographs represents a partial view of my human environment during the summer of 2005.*

*I recognize that my identity as an individual depends entirely upon the community of friends and acquaintances whom I encounter day to day. I suspect that this is true for everyone at their core.*

*This concept of dependency is easily extrapolated and enlarged to indicate the essential need of each unique human being for all the others, leading one to unavoidably confront the oneness of all humanity.*

## KEEP US IN MIND....

Please consider us for your next retreat, conference or special event. We would love to have your gathering here. Groups get a discounted rate on our wonderful rooms, and they can indulge in our magnificent pools and fabulous meals prepared by our own Chef Sue and her staff.

We also have been accommodating more weddings, birthdays and family reunions. We welcome you to have your special celebration here. Call us at (406) 225-4339 for more information.



# UPCOMING GROUPS AND EVENTS

**September 8-9: MT Tech Learning Center**

**September 9-10: NASW - Natl. Assoc. of Social Workers**

**September 15-17: Celebrating Women**

Contact Jean Hannula (406-539-7814)

**Sept. 29 - Oct. 1: Creative Memories**

Contact Summer Feriter (406-494-1380)

**October 6 -8: Montana Painters Alliance**

Contact Nick Oberling (406-257-3801)

**October 14-15: Naturopathic Physicians**

**October 27-29: Montana People's Action**

**November 4-10: WSA Intensive** *The purpose of an Intensive is to provide an experience in the Living in Process® approach and community while confronting the addictive process. This work is not*

*therapy, nor is it based on the scientific model out of which therapy comes. It is an alternative. Intensives are a door into a new paradigm. Living in Process® work was developed by Anne Wilson Schaefer. People who are in the Training with her are now facilitating Intensives here and throughout the country. For more information call (406) 225-9171.*

**November 10-12: Yoga Retreat with Heidi Goldman**

\*\*\*\*\***(See Below)**\*\*\*\*\*

**November 15-16: Montana Conservation Corps**

**December 1-3: Changing Woman**

Contact Shaun Phoenix (406-580-0562)

**January 12-14: Yoga Retreat**

Contact Judy Landecker (406-449-2205)

**Jan. 27-Feb 9: WSA Training**



## Yoga Retreat

November 10-12, 2006

***The Yoga Equipoise System—YES! with Heidi Goldman R.Y.T.***



*Heidi Goldman, R.Y.T. is founder of the Yoga Equipoise System—YES! Her yoga background started in the Iyengar Tradition 31 years ago, but like many other teachers she has made the Yoga Equipoise System on her own. Heidi's teaching is therapeutic in nature and exploratory in practice. She has developed her own innovative way of using balls in the yoga poses which encourages freedom and lightness of movement. She has taught Pilates for 27 years and has been a massage therapist for 20 years. She was the director of Yoga Vacations at the Feathered Pipe Ranch for 10 years; where she studied with some of the finest yoga instructors in the world.*

*Heidi says that this weekend is perfect for beginners, intermediate students and teachers because we are all truly beginners every time we step onto the mat.*

***Come relax, revive, and rejuvenate with a weekend dedicated to restoration and well-being.***

◆ ***Soak & Swim***

◆ ***Massage—additional fee***

◆ ***Enjoy the Outdoors***

**The weekend will cost \$294 for a single room or \$262 per person for a double occupancy. The price includes room, healthy & delicious meals, yoga classes, and use of the facility. Registration is from 4-5pm on Friday and the retreat will end after lunch on Sunday. Call (406) 225-4339 for more information & registration.**

## **Special Events at Boulder Hot Springs ...**

**September 17—Noon til 2 P.M.: Artist reception: Marsha Carter Davis (Page 2)**

**November 5- Noon Till 2 P.M.: Artiosst reception: Daiel Biehle (Page 2)**

**Nov. 10-12: Yoga retreat with Heidi Goldman (Page 3)**



*Relax, Revive and Rejuvenate in the geothermal waters of Peace Valley!*

PO Box 930 ❖ Boulder MT 59632 ❖ (406) 225-4339



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### **OUR POOL AND PLUNGE HOURS**

**April - October (Summer)**

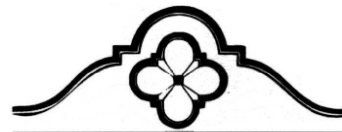
10 a.m. to 9 p.m. 7 days a week

**November - March (Winter)**

Noon to 8 p.m. 7 days a week

#### **Pool Prices**

\$7 Adults      \$5 Seniors 60+  
\$4 Children 3-12



### **Boulder Hot Springs Mission Statement**

*To be present here, to offer protection and healing to individuals, communities, these sacred waters, this land and this building for present and future generations and all our relations so that the possibility of healing, recovery, community and connection with the creator and all creation is here.*